

## Fly Like A Bird / The Boz

Choreographed by Hedy McAdams

**Description:** Intermediate line dance

**Intro:** Begin on lyrics

**Count:** 32

**Wall:** 2

### **ROCK LEFT SIDE, BACK, TURN 1/4, HOLD, TURN 1/4, ROCK, TURN 1/4, HOLD**

- 1 - 4 Rock left side, recover to right, turn 1/4 left and step left forward, hold (9:00)
- 5 - 6 Turn 1/4 left and rock right side, recover to left (6:00)
- 7 - 8 Turn 1/4 right and step right forward, hold (9:00)

### **TURN 1/4, ROCK, TURN 1/4, HOLD, KICK-BALL-TURN, KICK-BALL-CHANGE**

- 1 - 2 Turn 1/4 right and rock left side, recover to right (12:00)
- 3 - 4 Turn 1/4 left and step left forward, hold (9:00)
- 5 & 6 Kick right forward, step right together, turn 1/4 left and step left in place (6:00)
- 7 & 8 Right kick ball change

### **CROSS, TURN, CROSS & CROSS, TURN 1/4 SHUFFLE, TURN 1/4, TURN 1/2**

- 1 - 2 Cross/touch right over, unwind 1/2 left (weight to right, 12:00)
- 3 & 4 Crossing chassé left-right-left
- 5 & 6 Turn 1/4 right and chassé forward right-left-right (3:00)
- 7 - 8 Turn 1/2 right and step left back, turn 1/4 right and step right side (12:00)

### **CROSS, TOUCH, CROSS, TURN 1/2, CROSS & CROSS, BIG STEP, SLIDE/LIFT**

- 1 - 2 Cross left over, touch right side
- 3 - 4 Cross/touch right over, unwind 1/2 left (weight to right) (6:00)
- 5 & 6 Crossing chassé left-right-left
- 7 - 8 Big step right side, drag/touch left together / Lift left toe slightly to blend into step 1

### **REPEAT**

**Music:** "Fly Like A Bird" by Boz Scaggs